



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Luhmann, Mechthild

Club: Welper

Number: 13517

Course: 13.00 km

Nordic Walking

Total time: 1:49:40

Speed: 7.11 km/h

metres in height up: 180

Course score: 15.70

performance score: 112 Points