



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

**Raue, Bettina**

Club: Hagen

Number: 13589

Course: 13.00 km

Nordic Walking

Total time: 1:50:48

Speed: 7.04 km/h

metres in height up: 180

Course score: 15.70

performance score: 111 Points