



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Höfer, Ulrike

Club: SG-DO-SÜD

Number: 13648

Course: 13.00 km

Nordic Walking

Total time: 1:52:27

Speed: 6.94 km/h

metres in height up: 180

Course score: 15.70

performance score: 109 Points