



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Schellenberger, Manfred

Club: LSF-Unna-2000

Number: 13028

Course: 13.00 km

Walking

Total time: 1:57:35

Speed: 6.63 km/h

metres in height up: 180

Course score: 15.70

performance score: 104 Points