



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Niehaus-Fischer, Ute

Club: TV Flerke

Number: 13556

Course: 13.00 km

Nordic Walking

Total time: 1:52:51

Speed: 6.91 km/h

metres in height up: 180

Course score: 15.70

performance score: 108 Points