



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Frohwerk, Rosi

Club: ASV-Sendener Walking-Mäuse

Number: 13054

Course: 13.00 km

Walking

Total time: 1:58:10

Speed: 6.60 km/h

metres in height up: 180

Course score: 15.70

performance score: 104 Points