



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Conradi, Sonja

Club: Dortmund

Number: 13546

Course: 13.00 km

Nordic Walking

Total time: 1:53:15

Speed: 6.89 km/h

metres in height up: 180

Course score: 15.70

performance score: 108 Points