



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Niehoff, Petra

Club: TC Grün-Weiss-Herne

Number: 13550

Course: 13.00 km

Nordic Walking

Total time: 1:53:23

Speed: 6.88 km/h

metres in height up: 180

Course score: 15.70

performance score: 108 Points