



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Kracht-Zinn, Karin

Club: Lauftreff Hohenlimburg

Number: 13525

Course: 13.00 km

Nordic Walking

Total time: 1:55:17

Speed: 6.77 km/h

metres in height up: 180

Course score: 15.70

performance score: 106 Points