



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Scharf, Rosi

Club: Walking Treff Möhnesee

Number: 13649

Course: 13.00 km

Nordic Walking

Total time: 1:55:36

Speed: 6.75 km/h

metres in height up: 180

Course score: 15.70

performance score: 106 Points