



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Linden, Kai

Club: LG Halver-Schalksmühle

Number: 13579

Course: 13.00 km

Nordic Walking

Total time: 1:56:47

Speed: 6.68 km/h

metres in height up: 180

Course score: 15.70

performance score: 105 Points