



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Wormuth, Ingrid

Club: ASV-Sendener Walking-Mäuse

Number: 13562

Course: 13.00 km

Nordic Walking

Total time: 1:57:01

Speed: 6.67 km/h

metres in height up: 180

Course score: 15.70

performance score: 105 Points