



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Grimm, Cornelia

Club: Essen

Number: 13506

Course: 13.00 km

Nordic Walking

Total time: 1:57:17

Speed: 6.65 km/h

metres in height up: 180

Course score: 15.70

performance score: 104 Points