



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Plinke, Kai

Club: Bochum

Number: 5028

Course: 5.00 km

Walking

Total time: 42:39

Speed: 7.03 km/h

metres in height up: 99

Course score: 6.49

performance score: 46 Points