



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Lindemann, Heike

Club: Herne

Number: 13503

Course: 13.00 km

Nordic Walking

Total time: 1:58:46

Speed: 6.57 km/h

metres in height up: 180

Course score: 15.70

performance score: 103 Points