



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

**Stange, Detlef**

Club: Koronarsportverein Distel-Walker

Number: 13543

Course: 13.00 km

Nordic Walking

Total time: 2:00:41

Speed: 6.46 km/h

metres in height up: 180

Course score: 15.70

performance score: 101 Points