



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Luerweg, Regina

Club: NoWaDos

Number: 13671

Course: 13.00 km

Nordic Walking

Total time: 2:03:07

Speed: 6.34 km/h

metres in height up: 180

Course score: 15.70

performance score: 100 Points