



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Volkmer, Ritta

Club: NoWaDos

Number: 13598

Course: 13.00 km

Nordic Walking

Total time: 2:03:08

Speed: 6.33 km/h

metres in height up: 180

Course score: 15.70

performance score: 99 Points