



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Groll, Frank

Club: WT-Soest

Number: 20546

Course: 20.00 km

Nordic Walking

Total time: 2:18:18

Speed: 8.68 km/h

metres in height up: 300

Course score: 24.50

performance score: 213 Points