



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Wirges, Ilona

Club: Gelsenkirchen

Number: 13644

Course: 13.00 km

Nordic Walking

Total time: 2:03:58

Speed: 6.29 km/h

metres in height up: 180

Course score: 15.70

performance score: 99 Points