



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

**Jander, Margrit**

Club: WT-Soest

Number: 13594

Course: 13.00 km

Nordic Walking

Total time: 2:04:33

Speed: 6.26 km/h

metres in height up: 180

Course score: 15.70

performance score: 98 Points