



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Adams, Monika

Club: Koronarsportverein Distel-Walker

Number: 13549

Course: 13.00 km

Nordic Walking

Total time: 2:07:01

Speed: 6.14 km/h

metres in height up: 180

Course score: 15.70

performance score: 96 Points