



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Freund, Ursel

Club: Herne

Number: 13015

Course: 13.00 km

Walking

Total time: 2:13:00

Speed: 5.86 km/h

metres in height up: 180

Course score: 15.70

performance score: 92 Points