



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Slowly, Rainer

Club: TV. Friesen Telgte

Number: 20017

Course: 20.00 km

Walking

Total time: 2:31:02

Speed: 7.95 km/h

metres in height up: 300

Course score: 24.50

performance score: 195 Points