



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Lochtofen, Katja

Club: Koronarsportverein Distel-Walker

Number: 13601

Course: 13.00 km

Nordic Walking

Total time: 2:11:01

Speed: 5.95 km/h

metres in height up: 180

Course score: 15.70

performance score: 93 Points