



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Werner, Elke

Club: Jammern nützt nichts

Number: 13521

Course: 13.00 km

Nordic Walking

Total time: 2:11:41

Speed: 5.92 km/h

metres in height up: 180

Course score: 15.70

performance score: 93 Points