



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Pukrop, Ronald

Club: Herne

Number: 13631

Course: 13.00 km

Nordic Walking

Total time: 2:12:49

Speed: 5.87 km/h

metres in height up: 180

Course score: 15.70

performance score: 92 Points