



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Lensing, Bärbel

Club: Koronarsportverein Distel-Walker

Number: 13542

Course: 13.00 km

Nordic Walking

Total time: 2:13:30

Speed: 5.84 km/h

metres in height up: 180

Course score: 15.70

performance score: 92 Points