



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Rixen, Joachim

Club: ASV-Sendener Walking-Mäuse

Number: 13564

Course: 13.00 km

Nordic Walking

Total time: 2:14:18

Speed: 5.81 km/h

metres in height up: 180

Course score: 15.70

performance score: 91 Points