



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Paarmann, Karsten

Club: Walkingtreff Lünen

Number: 20055

Course: 20.00 km

Walking

Total time: 2:35:51

Speed: 7.70 km/h

metres in height up: 300

Course score: 24.50

performance score: 189 Points