



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Betz, Daniel

Club: WT-Soest

Number: 20545

Course: 20.00 km

Nordic Walking

Total time: 2:30:59

Speed: 7.95 km/h

metres in height up: 300

Course score: 24.50

performance score: 195 Points