



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Heckmann, Edgar

Club: LSF-Unna-2000

Number: 20034

Course: 20.00 km

Walking

Total time: 2:36:41

Speed: 7.66 km/h

metres in height up: 300

Course score: 24.50

performance score: 188 Points