



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Olk, Hartmut

Club: Koronarsportverein Distel-Walker

Number: 20527

Course: 20.00 km

Nordic Walking

Total time: 2:31:49

Speed: 7.90 km/h

metres in height up: 300

Course score: 24.50

performance score: 194 Points