



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

**Sulk, Elmar**

Club: DJK Preußen 1911 Bochum e.V.

Number: 20047

Course: 20.00 km

Walking

Total time: 2:39:15

Speed: 7.54 km/h

metres in height up: 300

Course score: 24.50

performance score: 185 Points