



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Volkman, Jürgen

Club: LT Cappenberger See

Number: 20056

Course: 20.00 km

Walking

Total time: 2:41:51

Speed: 7.41 km/h

metres in height up: 300

Course score: 24.50

performance score: 182 Points