



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Steinbrecher, Heinz

Club: DJK Eintracht Luedenscheid

Number: 20521

Course: 20.00 km

Nordic Walking

Total time: 2:36:51

Speed: 7.65 km/h

metres in height up: 300

Course score: 24.50

performance score: 187 Points