



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

**Franz, Sabine**

Club: LG Halver-Schalksmühle

Number: 20537

Course: 20.00 km

Nordic Walking

Total time: 2:37:00

Speed: 7.64 km/h

metres in height up: 300

Course score: 24.50

performance score: 187 Points