



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

**ADAMIK, HILDE**

Club: TBS-Herne

Number: 20069

Course: 20.00 km

Walking

Total time: 2:45:53

Speed: 7.23 km/h

metres in height up: 300

Course score: 24.50

performance score: 177 Points