



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Ekermann, Leo

Club: LG Oelde/Wadersloh e.V.

Number: 20005

Course: 20.00 km

Walking

Total time: 2:46:23

Speed: 7.21 km/h

metres in height up: 300

Course score: 24.50

performance score: 177 Points