



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Beier, Rudolf

Club: Koronarsportverein Distel-Walker

Number: 20507

Course: 20.00 km

Nordic Walking

Total time: 2:42:33

Speed: 7.38 km/h

metres in height up: 300

Course score: 24.50

performance score: 181 Points