



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

**Betz, Andrea**

Club: WT-Soest

Number: 20544

Course: 20.00 km

Nordic Walking

Total time: 2:44:36

Speed: 7.29 km/h

metres in height up: 300

Course score: 24.50

performance score: 179 Points