



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Bludom, Betty

Club: LG Halver-Schalksmühle

Number: 20536

Course: 20.00 km

Nordic Walking

Total time: 2:44:50

Speed: 7.28 km/h

metres in height up: 300

Course score: 24.50

performance score: 178 Points