



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Dräger, Jörg

Club: Monday Moonwalker Ratingen

Number: 20552

Course: 20.00 km

Nordic Walking

Total time: 2:45:44

Speed: 7.24 km/h

metres in height up: 300

Course score: 24.50

performance score: 177 Points