



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Böhmer, Dieter

Club: Skiclub Schwerte

Number: 20529

Course: 20.00 km

Nordic Walking

Total time: 2:47:09

Speed: 7.18 km/h

metres in height up: 300

Course score: 24.50

performance score: 176 Points