



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Fröhlich, Barbara

Club: BWS Sünninghausen

Number: 20504

Course: 20.00 km

Nordic Walking

Total time: 2:50:31

Speed: 7.04 km/h

metres in height up: 300

Course score: 24.50

performance score: 172 Points