



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Freund, Bernhard

Club: Herne

Number: 20519

Course: 20.00 km

Nordic Walking

Total time: 2:52:14

Speed: 6.97 km/h

metres in height up: 300

Course score: 24.50

performance score: 171 Points