



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Wylega, Angelika

Club: Recklinghausen

Number: 20510

Course: 20.00 km

Nordic Walking

Total time: 2:53:50

Speed: 6.90 km/h

metres in height up: 300

Course score: 24.50

performance score: 169 Points