



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Wieneke, Ingo

Club: Wallenhorst

Number: 5560

Course: 5.00 km

Nordic Walking

Total time: 41:19

Speed: 7.26 km/h

metres in height up: 99

Course score: 6.49

performance score: 47 Points