



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

Hengesbach, Dieter

Club: TBS-Herne

Number: 5524

Course: 5.00 km

Nordic Walking

Total time: 43:56

Speed: 6.83 km/h

metres in height up: 99

Course score: 6.49

performance score: 44 Points