



## 4. Walk in Herne

Herne / 22.03.2009

### Detailed evaluation

**Erbes, Birgit**

Club: Herne

Number: 5538

Course: 5.00 km

Nordic Walking

Total time: 46:56

Speed: 6.39 km/h

metres in height up: 99

Course score: 6.49

performance score: 41 Points